

# **Advanced Brain Technologies (ABT) announces that it is partnering with Pathways for Veterans to offer its neuroscience based music programs for brain training to help provide relief to veterans suffering from symptoms of PTSD, TBI, anxiety and insomnia.**

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Advanced Brain Technologies (ABT) announces that it is partnering with Pathways for Veterans to offer its neuroscience based music programs for brain training to help provide relief to veterans suffering from symptoms of PTSD, TBI, anxiety and insomnia.

According to the [National Center for PTSD](#) at the U.S. Department of Veterans Affairs 15% of veterans of the Vietnam War were diagnosed with PTSD in the National Vietnam Veterans Readjustment Study. 12% of Gulf War veterans and 11-20% of veterans of Operations Iraqi Freedom and Enduring Freedom have PTSD in a given year; with 70-90% of patients with PTSD suffering from sleep disturbances.

[Pathways for Veterans](#) is implementing Advanced Brain Technologies solutions, The Listening Program® and Sleep Genius into their Pathways 16 week feasibility for employment programs. Known as the “At Ease Reset Protocol” these programs were specifically designed to help the Veterans Administrations and their Vocational Rehabilitation Counselors better serve veterans, many of whom may qualify for Chapter 31 and 38 benefits. When veterans have the experience of being heard, they are more likely to make better choices transitioning back to civilian life. Veterans were trained to complete their mission, which in turn gives them purpose. Veterans who have lost their sense of purpose can continue to make poor choices which adversely affect their health and well-being, including the likelihood of finding employment.

Gary Ferguson, founder of Pathways for Veterans said: “Wow, finally a game changer for veterans with PTSD, TBI, anxiety and insomnia! Having personally experienced these symptoms in varying degrees for over 50 years, I had given up hope that I would ever find relief in my lifetime. My faith has been renewed after experiencing The Listening Program. Having worked with countless numbers of veterans over the years, The Listening Program represents a renewed hope for our veteran community and their families. Advanced Brain Technologies and their extraordinary staff have a lot in common with veterans. They have heart and I now have peace of mind”.

The Listening Program and Sleep Genius are safe, effective, and easy-to-use programs which have been shown to significantly reduce stress related dysfunction, and to improve sleep in adults. [Advanced Brain Technologies](#) solutions are both GSA and TRICARE approved, and offered to veterans through VA hospitals across the United States.

“We are delighted to partner with Pathways for Veterans to help veterans and their families overcome the many challenges they face resulting from events which have negatively impacted them during and following their service to our country” said Alex Doman, founder and CEO of Advanced Brain Technologies.

This calibration is a game changer for our veterans. The use of Advanced Brain Technologies training solutions in conjunction with the structured Pathways programs will not only support the veterans with their health issues, it will provide much needed support to the [Veterans Administration](#). As Americans we are all in this together and our responsibility to support our veterans is no greater than that of supporting

our VA. A coalition of service providers is the key ingredient for the successful reintegration of our military members into civilian life while meeting the challenge of their health care needs. These programs can provide relief to a countless number of veterans.

Are you a veteran with symptoms of PTSD, TBI, anxiety, or insomnia and want to benefit from this extraordinary partnership? Register online now by [clicking here](#).

#### About Advanced Brain Technologies

Advanced Brain Technologies (ABT) based in Ogden, Utah, is a pioneer in neuroscience based music programs for brain training; helping hundreds of thousands people of all ages throughout the world advance their brains for a better life. The company was founded in 1998 by Alex Doman. Alex started ABT building on his family's three generation, 70 year history of pioneering contributions to the field of human development and brain enhancement. This history started with his grandfather's military service as an Army rehabilitation physician stationed at Walter Reed Army Medical Center in Washington, DC following World War II. ABT's family of innovative, evidenced-based audio and music solutions are for people actively looking to make a positive change in their lives or the lives of others and are accessible through a network of over 8,000 trained and licensed healthcare providers, educators, and coaches in over 35 countries.

To learn more visit <http://www.advancedbrain.com> or call 801-622-5676

#### About Pathways for Veterans

Pathways for Veterans is a 501(c) 3 nonprofit organization based in Sacramento, California whose primary purpose is to serve veterans and their families. Pathways has specialized educational training in not only leadership development and career advancement, but with transformational healing. The organization was founded in 2010 by Gary Ferguson, a highly decorated Vietnam Combat Veteran. He went through many of the common pitfalls after returning from Vietnam that many of our returning soldiers are facing today, and he suffered through the many consequences of his choices. He rediscovered his true identity and developed a passion to be of service to others. His new mission in life is to create healthy "Pathways for Veterans" so others can sidestep these pitfalls.

To learn more, visit <http://www.pathwaysforveterans.com> or call 916-932-6549