

# Pilot Study Agreement

between

Pathways for Veterans

and

Veteran Participant (referenced at bottom of page)

1. **Veteran commits to...**enrolling into the Pathways online program using the contact form.  
*Refer to Step 1 of FOCUS Pilot Study website page.*
2. **Veteran commits to...**completing the online Virtues In Action survey offered by the VIA Institute on character strengths, based on the work of Dr. Martin Seligman, the "father of Positive Psychology."  
*Refer to Step 3 of FOCUS Pilot Study website page.*
3. **Veteran commits to...**submitting their letter of recommendation, provided by Pathways upon completion of the VIA survey, to their primary care physician in a timely manner for their prescription of medical equipment known as the Veterans At Ease Reset Listening Protocols. Prescription to be filled under a GSA contract with Advanced Brain Technologies.
4. **Veteran understands that...**Advanced Brain Technologies is loaning participant the medical equipment during the pilot study period until the VA has filled their individual prescription. Upon receipt of payment from the VA, Advance Brain Technologies will provide the veteran with a certificate of ownership, after which the device on loan during the pilot study will remain with them. If the veteran is unable to get their primary care physician to fill the prescription request, they agree to return the medical equipment to Pathways for Veterans immediately upon request.
5. **Veteran commits to...**personally use The Listening Program starting 4/25/2016 for a period of six weeks ending 6/03/2016. A minimum of 15 minutes, twice a day for 5 days, then two days off.
6. **Veteran commits to...**a pre-training call with an Advanced Brain Technologies listening program coach prior to the start of the Pilot Study.
7. **Veteran commits to...**a once weekly group call with fellow veterans and the fulfillment team, consisting of members from the Marine Focus Foundation, Advance Brain Technologies and Pathways for Veterans. This one hour Go To Meetings call will take place online, and can be accessed by phone and/or computer. Veteran to be provided access codes by fulfillment team.
8. **Veteran commits to...**email their reflections from the previous weeks listening experience to [gferguson@pathwaysforveterans.org](mailto:gferguson@pathwaysforveterans.org), at least two hours before scheduled weekly call.

As the founder of Pathways for Veterans, I am giving Pilot Study Veterans my **word** that Pathways and Advanced Brain Technologies will deliver the intended outcome when the participant has the willingness to LISTEN UP.

Gary Ferguson  
Founder/CEO  
Pathways for Veterans

Veteran Name\_\_\_\_\_

Signature\_\_\_\_\_